

Ecumenical Ministries of Oregon's Interfaith Network  
for Earth Concerns

**Community Food Security Project**

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**Bibliographical List of Selected Faith-Based Community Food Security  
Resources for Congregations**

**STUDY AND ACTION GUIDES**

- Fritsch, Al. *Spiritual Growth through Domestic Gardening*. Mount Vernon, KY: Appalachia Science in the Public Interest, 2000. <http://www.kih.net/aspi>.  
A practical and spiritual guide to gardening through the seasons that elucidates how the simple act of gardening is a catalyst in creating a new eden.
- Greenstone, Suse, Jon Greenstone and Cassandra Carmichael. *Earthkeeping Ministries: A New Vision for Congregations*. Chicago: Evangelical Lutheran Church in America, 1999.  
Designed as a congregational toolbox, this manual provides ideas for starting or enhancing a hands-on congregational earth keeping ministry and practical suggestions, instructions and resources for gardening as a ministry.
- Guenther, Dan. *To Till It and Keep It: New Models for Congregational Involvement with the Land*. Wisc.: Evangelical Lutheran Church in America and the Land Stewardship Project, 1995.
- Heifer Project International. *Animal Crackers: A Global Education Resource for Children, Youth and Adults*. Little Rock: Heifer Project International, 1999.
- Holmes, Jenny ed. *Portland's Bounty: A Guide to Eating Locally and Seasonally in the Greater Portland and Vancouver Areas*. Portland: Ecumenical Ministries of Oregon, 2001. To order call 503-221-1054.
- Pitney, John. *A Home like This: Seeking a Sacred Ethic of Community and Land-Songs, Stories and Discussions*. 1997.  
A study guide for small groups and individuals on land ethics, the food system and community.  
Contact: John Pitney at First United Methodist Church, 1376 Olive St., Eugene, OR 97401, or call Alternatives at 800-821-6153.
- Schut, Michael ed., *Food and Faith: Justice, Joy and Daily Bread*. Denver: Earth Ministry, Living the Good News, 2002.

**BOOKS**

- Altman, Donald. *Art of the Inner Meal: Eating as a Spiritual Path*. San Francisco: HarperCollins, 1999.
- Austin, Richard Cartwright. *Reclaiming America: Restoring Nature to Culture*. Abingdon, VA: Creekside Press, 1990.
- Basney, Lionel. *An Earth-Careful Way of Life: Christian Stewardship and the Environmental Crisis*. Downers Grove, IL: InterVarsity Press, 1994.
- Bonder, Rabbi Nilton. *The Kabbalah of Food*. Boston: Shambhala, 1998.
- Brown, Edward Espe. *Tomato Blessings and Radish Teachings: Recipes and Reflections*. New York: Riverhead Books, 1997.
- Brown, Michael. *The Jewish Gardening Cookbook: Growing Plants and Cooking for Holidays and Festivals*. Woodstock, VT: Jewish Lights Publishing, 1998.
- Kesten, Deborah. *Feeding the Body, Nourishing the Soul: Essentials of eating for Physical, Emotional and Spiritual Well-Being*. Berkeley: Conari Press, 1997.
- Juengst, Sara Covin. *Breaking Bread: The Spiritual Significance of Food*. Louisville: Westminster/John Know Press, 1992.
- \_\_\_\_\_. *Like a Garden: Biblical Spirituality of Growth*. Louisville: Westminster/John Know Press, 1996.
- National Catholic Rural Life Conference, *Justice in the Global Food System: A Faith Perspective on Food Security*. Des Moines: The NCRLC, 1997.
- Tonkinson, Carole, Ed. *Wake Up and Cook: Kitchen Buddhism in Work and Recipes*. New York: Riverhead Books, 1997.
- Whitcomb, Holly W. *Feasting with God: Adventures in Table Spirituality*. Cleveland: United Church Press, 1996.